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Garden Organic



Champion 'the organic way', using natural methods to promote healthy, productive, sustainable gardens.

- Nurture land
- Inspire & support individuals & communities
- Conserve seed
- Share evidence

To impact positively on biodiversity

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Principles of Organic Gardening (POGs)



- Build and maintain soil health
- Encourage biodiversity
- Use resources responsibly
- Avoid using harmful chemicals
- Maintain a healthy growing area

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Foundations



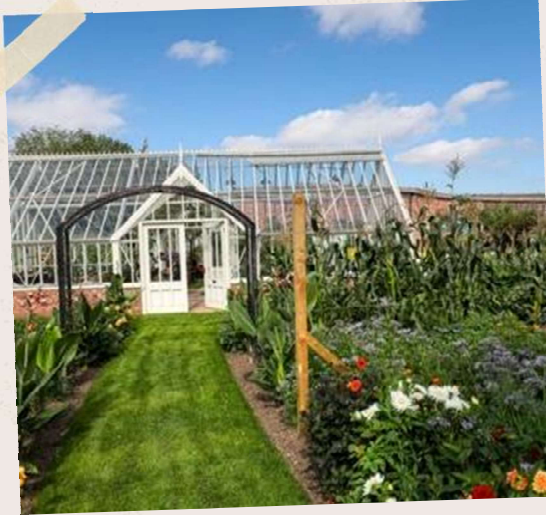
Established in 1958

- Lawrence Hills founds the 'Henry Doubleday Research Association'
- Research into comfrey and organic growing
- Began at Bocking in Essex
- Moved our HQ to Ryton in 1985

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Headquarters at Ryton



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Growing Partners and compost demonstration sites

Visit beautiful gardens...

With your Garden Organic membership, you can visit any of our growing partners and partners gardens across the UK for free or at a discounted rate. Growing partners and partner gardens across the UK have joined Garden Organic to highlight the principles of organic gardening.

Growing partners commit to growing without pesticides, using peat-free compost and are conserving Heritage Seed Library varieties. You can also visit our partner gardens. They are some of the finest gardens in the UK that will inspire your organic growing.

All these inspirational gardens are shown on the adjacent map, and you will find further details of each garden overlaid.

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Our work in communities



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Grow, Cook, Eat in West Northamptonshire



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Volunteer Champions

- 120 champions trained
- 23 growing and/or cooking projects
- 30 small grants have been awarded and 8 more pending.



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Sharing skills and building healthier communities

Our champions reported;

- Greater cooking confidence, improved ability to shop on a budget and cook from scratch, reduced reliance on processed foods.
- Reduced isolation, improved mental health and stronger social connections
- Greater awareness of how to grow their own food organically.

Here's project manager Kathleen talking about Grow Cook Eat-

<https://youtu.be/QUP5cbzoqic>



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What CAN you do?

- **Explore opportunities in your local Parish / Town spaces** – *identify where new activity could start or existing projects could grow.*
- **Shine a light on what's already happening** – *celebrate successes, raise awareness and inspire residents to get involved or replicate at home.*
- **Build partnerships** – *connect with local groups, schools etc.*
- **Learn from others** – *share what worked and what didn't*



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Thanks for listening!

Further information

Visit www.gardenorganic.org.uk

Become a member to access more advice and support our charitable activities.

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